



Parenting your inner Child with The Work

Online Course with Sally Pamberger
and Colette Grünbaum
May 15, 22, 29 and June 5, 2021



In this e-course, we will dive deeply into The Work to take responsibility for our inner child, explore what it really wants and needs and tap into our own resources to support our inner child to grow and thrive.

Sometimes when our hurt inner child is in charge in stressful situations, we may experience overwhelming emotions and self-defeating behaviours. We may not be aware that our inner child is being triggered, feeling helpless and in overload while innocently doing the best it can.

In this e-course, we will dive deeply into The Work to take responsibility for the immature parts in us. We will hold our inner child closely to explore what it really wants and needs and tap into our own internal resources to support this child to grow and thrive, standing on solid ground.

This e-course is for participants who are experienced in The Work who want to deepen their practice.

Date and time: May 15, 22, 29 and June 5, 2021, Saturdays 11-13.00

Online on Zoom

Tuition: CHF 220.-

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Colette Grünbaum: Is a certified facilitator of The Work of Byron Katie and has offered private sessions, workshops and trainings with The Work since 2000. She is also a breachwork, systemic couple and family therapist.



Sally Pamberger is a certified facilitator of The Work of Byron Katie based in Albany, Western Australia. She has been working in private practice as a counselor, psychotherapist and clinical supervisor with individuals, couples and groups since 1999. Sally has a particular interest in supporting healthy and vibrant relationships. She works with anxiety and depression, bereavement, loss and grief, relationship, stress management and work-related issues.